

Remdesivir Reduces Mortality in Immunocompromised Patients Hospitalised for COVID-19 During Omicron

Essy Mozaffari¹, Aastha Chandak², Robert L Gottlieb^{3,4,5,6}, Chidinma Chima-Melton⁷, Mark Berry¹, Alpesh N Amin⁸, Tobias Welte⁹, Paul E Sax¹⁰, Andre C Kalil¹¹

¹Gilead Sciences, Foster City, CA; ²Certara, New York, NY; ³Baylor University Medical Center, Dallas, TX, USA; ⁴Baylor Scott & White Heart and Vascular Hospital, Dallas, TX, USA; ⁵Baylor Scott & White The Heart Hospital, Plano, TX, USA; ⁶Baylor Scott & White Research Institute, Dallas, TX, USA; ⁷University of California, Los Angeles, CA, USA; ⁸University of California, Irvine, CA, USA; ⁹Medizinische Hochschule Hannover, Hannover, Germany; ¹⁰Brigham and Women's Hospital, Boston, MA, USA; ¹¹University of Nebraska Medical Center, Omaha, NE, USA

Conclusions

- RDV continues demonstrating significant mortality reduction among immunocompromised patients hospitalized with a primary diagnosis of COVID-19 in the more recent Omicron period, irrespective of the supplemental oxygen requirements
- These consistent findings through the Omicron period provides additional evidence to prior research showing benefit for RDV across all pre-dominant variants from December 2020 to April 2022¹³
- In this study cohort of vulnerable patients with immunocompromised conditions, RDV remains an optimal therapy of choice

Background

- Remdesivir (RDV) reduced time to recovery and improved clinical outcomes for COVID-19 patients in several randomized controlled trials;¹⁻² with additional evidence on effectiveness through real-world studies³⁻⁵
- NIH, IDSA and WHO guidelines recommend RDV to be initiated within seven days of symptom onset in patients with high-risk for progression to severe disease, including immunocompromised patients⁶⁻⁸
- Immunocompromised patients remain at high risk of hospitalizations, complications, and mortality due to COVID-19⁹⁻¹²
- Prior research has documented the effectiveness of RDV in reducing mortality among immunocompromised patients hospitalized for COVID-19¹³
- Building upon prior research with more recent data, the objective of this study was to compare inpatient all-cause mortality in patients who were administered RDV in the first two days of hospitalization vs. those not administered RDV during the hospitalization during Omicron predominant era (Dec 2021 – Apr 2023)

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Methods

Study Design

- Comparative Effectiveness Retrospective cohort study (Table 1)
- Data source: PINC AI Healthcare Database (formerly Premier Healthcare Database)
 - US hospital-based, service-level, all-payer (Commercial, Medicare, Medicaid, others) database
 - Covers ~25% of all US hospitalizations from 48 states
 - Includes information on billed services for each day of hospitalization

Table 1. Study design

Inclusion criteria	✓ First admission to the hospital Dec 1, 2021-Apr 30, 2023	
	✓ Age ≥18 years old	
	✓ Primary discharge diagnosis of COVID-19 (ICD-10-CM: U07.1) flagged for being “present-on-admission”	
	✓ Diagnosed with an immunocompromised condition: cancer, transplant, hematologic malignancies, immunosuppressive medications, toxic effects of antineoplastics, primary immunodeficiencies, severe combined immunodeficiencies, asplenia, bone marrow failure/aplastic anaemia, or HIV	
Exclusion criteria	✗ Pregnant	
	✗ Had incomplete/erroneous data fields	
	✗ Transferred from another hospital or hospice	
	✗ Transferred to another hospital	
	✗ Admitted for elective procedures	
	✗ Discharged or died during the baseline period (first two days of hospitalization)	
Treatment	RDV	Non-RDV
	RDV treatment within 2 days of admission	Patients not receiving RDV during the hospitalization

- All baseline variables (supplemental oxygenation, concomitant medications) were examined within the first two days of hospitalization
- **Primary End Points:** 14-day and 28-day all-cause inpatient mortality (defined as a discharge status of “expired” or “hospice”)

Statistical analysis

- Analyses were stratified by no supplemental oxygen charges (NSOc) and any supplemental oxygen requirements upon admission
- Propensity scores (PS) were estimated using separate logistic regression models for NSOc / any supplemental oxygenation at baseline
- Covariates used in PS calculation: baseline demographics (age, gender, race, ethnicity, primary payor), comorbidities (obesity, COPD, diabetes mellitus, renal disease, cardiovascular disease, cancer, immunocompromised condition), hospital characteristics (bed size, urban/rural, teaching, region of the hospital), admission month, admission from skilled nursing facility (SNF), intensive care unit (ICU)/General ward at baseline, other indicators of severity based on admit diagnoses (respiratory failure, hypoxemia, sepsis, pneumonia), concomitant medications at baseline (corticosteroids, convalescent plasma, anticoagulants, tocilizumab, baricitinib)
- Cox Proportional Hazards Model (adjusting for hospital-level random effects and key clinical covariates) was used to examine time to 14- and 28-day mortality overall
- Patients who did not have the outcome of interest or were discharged alive were censored at 14 and 28 days in the analyses

Results

Study population

- After applying inclusion/exclusion criteria, 26,770 patients were included in the analysis:
 - 15,257 patients were treated with RDV in the first two days of hospitalization and
 - 11,513 patients were not treated with RDV
- After 1:1 matching with replacement:
 - 10,687 RDV-treated patients were matched to 4,989 unique non-RDV patients (equivalent to 10,687 non-RDV patients based on matching with replacement)
- Post-matching balance was achieved across groups with different baseline supplemental oxygen and VOC periods with all covariates with a standardized difference absolute value of <0.15
- In the matched cohort: 74% were 65 years or older, 49% with NSOc, and 51% with any supplemental oxygen charges at baseline (Table 2)

Unadjusted analysis (PS-matched cohort)

- During Dec 2021 – Apr2023, a lower mortality rate was consistently observed overall and by supplemental oxygen requirements in the overall study period:

	28-day mortality		14-day mortality	
	RDV	Non-RDV	RDV	Non-RDV
Omicron period	10.3%	13.7%	15.0%	19.2%
NSOc	7.0%	9.9%	10.7%	17.3%
Any Supp. O2	13.5%	17.3%	19.7%	24.5%

Note: RDV, remdesivir; NSOc, no supplementary oxygen charges

- After adjusting for baseline and clinical covariates, RDV was associated with a significantly lower mortality risk compared to non-RDV overall (adjusted hazard ratio [95% CI]: 0.75 [0.68-0.83]) in patients with NSOc (0.72 [0.61-0.85]) and in patients with any supplemental oxygen requirement (0.77[0.68-0.87]) at 28 days
- A similar benefit for RDV vs. non-RDV was observed for 14-day mortality overall (0.73 [0.65-0.82]) in patients with NSOc (0.69 [0.57-0.83]) and in patients with any supplemental oxygen requirement (0.75 [0.65-0.86]) (Figure 1)

Table 2. Baseline characteristics before and after matching

		Unmatched cohort		Matched cohort	
		No RDV n= 11,513	RDV n= 15,257	No RDV n= 10,687	RDV n= 10,687
Age group	18-49	7.4%	7.8%	5.4%	5.4%
	50-64	21.3%	22.7%	20.8%	20.8%
	65+	71.2%	69.5%	73.9%	73.9%
Gender	Female	49.9%	51.1%	52.0%	50.9%
	White	74.8%	75.8%	78.0%	76.6%
Race	Black	17.0%	14.4%	13.7%	14.6%
	Asian	1.5%	2.2%	1.7%	1.9%
	Other	6.7%	7.6%	6.6%	6.9%
	Hispanic	8.5%	11.4%	9.7%	9.7%
Ethnicity	Non-Hispanic	83.7%	82.7%	83.9%	84.0%
	Unknown	7.8%	5.9%	6.4%	6.4%
	Commercial	13.1%	15.3%	13.8%	76.1%
Primary payor	Medicare	75.3%	73.0%	75.7%	7.0%
	Medicaid	7.8%	8.4%	7.2%	3.2%
	Other	3.8%	3.4%	3.4%	76.1%
	<100	6.6%	6.4%	6.1%	6.0%
Bed size	100-199	14.8%	15.5%	14.8%	14.9%
	200-299	20.4%	18.6%	18.6%	19.4%
	300-399	19.7%	16.2%	18.4%	17.6%
	400-499	11.6%	10.4%	10.5%	10.4%
	500+	26.8%	32.9%	31.7%	31.7%
Comorbidities	Obesity	24.1%	26.0%	26.7%	26.4%
	COPD	36.2%	41.2%	41.3%	41.0%
	Cardiovascular disease	89.6%	87.8%	88.4%	89.6%
	Diabetes mellitus	39.1%	37.4%	38.0%	38.1%
	Renal disease	40.7%	30.8%	32.4%	32.8%
Hospital ward upon admission	Cancer	42.0%	42.2%	42.0%	43.2%
	General Ward	83.4%	81.1%	82.7%	82.1%
Other treatments at baseline	ICU	16.6%	18.9%	17.3%	17.9%
	Anticoagulants	66.7%	74.7%	74.3%	75.0%
	Corticosteroids	0.1%	0.2%	0.1%	0.1%
	Convalescent plasma	69.2%	86.8%	88.1%	88.1%
	Tocilizumab	4.2%	4.3%	6.2%	5.1%
	Baricitinib	2.4%	3.8%	3.8%	3.9%
Baseline oxygenation	NSOc	56.8%	49.1%	48.9%	48.9%
	LFO	26.4%	30.6%	31.0%	31.0%
	HFO/NIV	13.7%	18.0%	18.5%	18.5%
	IMV/ECMO	3.2%	2.2%	1.6%	1.6%

Note: Baseline was assessed as the worst status in the first two days of the hospitalization
ICU: Intermediate Care Unit; COPD: Chronic Obstructive Pulmonary Disorder; NSOc: No supplementary oxygen charges; LFO: Low-Flow Oxygen; HFO/NIV: High-Flow Oxygen/Non-invasive ventilation; IMV/ECMO: Invasive Mechanical Ventilation/ Extracorporeal Membrane Oxygenation; RDV, remdesivir

Figure 1. 14- and 28- day mortality for RDV vs. Non-RDV immunocompromised patients with COVID-19 during Omicron period (adjusted Cox Proportional Hazards model)

